

, 4 - 5/6/2026

15 , 800m 2008 - 2014
6/4/2026 - 13:15

III : 13:23.00 / II : 11:50.00 / I : 10:37.00 / : 9:52.00 / : 9:21.00

: AQUA 2026

1. 09 1 **10:57.07** 399
100m: 1:14.30 1:14.30 300m: 3:56.55 1:21.19 500m: 6:44.22 1:24.14 700m: 9:34.86 1:26.01
200m: 2:35.36 1:21.06 400m: 5:20.08 1:23.53 600m: 8:08.85 1:24.63 800m: 10:57.07 1:22.21

1. 11 **9:58.17** 530
100m: 1:09.78 1:09.78 300m: 3:41.76 1:16.42 500m: 6:14.81 1:17.16 700m: 8:46.19 1:15.39
200m: 2:25.34 1:15.56 400m: 4:57.65 1:15.89 600m: 7:30.80 1:15.99 800m: 9:58.17 1:11.98