

, 21. - 23.11.2025

27
22.11.2025 - 9:10

, 400m

2012

: AQUA 2025

2011 - 2012

1.				11					4:42.97	571		
	50m:	29.61	29.61	150m:	1:39.95	36.36	250m:	2:56.93	41.85	350m:	4:12.13	31.90
	100m:	1:03.59	33.98	200m:	2:15.08	35.13	300m:	3:40.23	43.30	400m:	4:42.97	30.84
2.				11						6:21.20	233	
	50m:	37.20	37.20	150m:	2:16.50	51.45	250m:	3:59.50	53.90	350m:	5:40.02	47.97
	100m:	1:25.05	47.85	200m:	3:05.60	49.10	300m:	4:52.05	52.55	400m:	6:21.20	41.18

2009 - 2010

				10						5:06.13		
	50m:	30.80	30.80	150m:	1:48.39	40.94	250m:	3:11.61	43.15	350m:	4:32.54	33.89
	100m:	1:07.45	36.65	200m:	2:28.46	40.07	300m:	3:58.65	47.04	400m:	5:06.13	33.59
				09						6:16.80		
	50m:	36.01	36.01	150m:	2:15.91	52.36	250m:	3:59.42	52.86	350m:	5:35.50	44.15
	100m:	1:23.55	47.54	200m:	3:06.56	50.65	300m:	4:51.35	51.93	400m:	6:16.80	41.30

2001 - 2004

1.				04						5:15.58	411	
	50m:	31.63	31.63	150m:	1:50.82	42.34	250m:	3:15.06	42.39	350m:	4:38.66	39.48
	100m:	1:08.48	36.85	200m:	2:32.67	41.85	300m:	3:59.18	44.12	400m:	5:15.58	36.92