

, 21. - 23.11.2025

28  
22.11.2025 - 9:00

, 400m

2012

: AQUA 2025

2011 - 2012

1.				12						<b>6:41.71</b>	257	
	50m:	42.34	42.34	150m:	2:34.24	50.92	250m:	4:14.15	51.16	350m:	5:56.40	47.54
	100m:	1:43.32	1:00.98	200m:	3:22.99	48.75	300m:	5:08.86	54.71	400m:	6:41.71	45.31

2009 - 2010

1.				10						<b>6:35.33</b>	269	
	50m:	40.63	40.63	150m:	2:23.35	50.50	250m:	4:05.78	50.18	350m:	5:48.57	49.89
	100m:	1:32.85	52.22	200m:	3:15.60	52.25	300m:	4:58.68	52.90	400m:	6:35.33	46.76